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Power Kids Returns! The Power Plant relaunches its regular creative workshops for 7-12 year olds

The free, biweekly program on Sundays takes place at the gallery, and encourages children to respond to the art on display

Throughout this Spring, enjoy a family day out on the Harbourfront with the relaunch of Power Kids. After two years of online programs, we are delighted to invite children and their parents and guardians back to the gallery.

Power Kids takes place every other Sunday during our exhibition season and includes a guided tour in the Gallery followed by a short creative activity. Each workshop is different, so kids can return throughout the season and be inspired every time.

The exhibitions currently on display at The Power Plant by Shona Illingworth, Sasha Huber and Sandra Brewster address themes of landscape, migration and memory and feature video, photography, installation, mixed media and murals.

The workshops are led by Niloufar Salimi, a Toronto-based artist and Power Kids & Outreach Coordinator at The Power Plant. She encourages the participants to reflect on the themes in the exhibitions and how the artists make their work, so the kids can apply it to their own creative projects. Activities include engineering flying objects out of recycled materials; making collaborative memory maps; and designing a mural for your local neighbourhood.
Niloufar said, “Power Kids is an important part of The Power Plant’s outreach initiatives, ensuring that the next generation develop creative skills and feel confident expressing themselves through art. Attending art galleries and museums at a young age can inspire children to think laterally, experience new emotions, and learn about different cultures. We are delighted to be able to hold these workshops in person again.”

Power Kids is free of charge. In order to guarantee their place, attendees must register in advance. The workshops are conducted in English and all materials are provided.

**Power Kids March - May 2022**

13 March 2022, 3-5pm: Shifting Perspectives  
Inspired by Sandra Brewster’s immersive installation *DENSE*, we will make an agamograph (folded paper creating optical illusions) using the idea of shifting identities.

27 March 2022, 3-5pm: Up, Up and Away  
Inspired by Shona Illingworth’s *Topologies of Air*, we will use recyclable materials to create aircrafts and gliders.

10 April 2022, 3-5pm: Reflections in the Landscape  
Inspired by Sasha Huber’s *Karakia - The Resetting Ceremony*, we will make an illustrated poem inspired by our favourite place in nature.

24 April 2022, 3-5pm: Mapping Memories  
Inspired by Shona Illingworth’s *Lesions in the Landscape*, we will illustrate a memory as a map.

1 May 2022, 3-5pm: Mini Murals  
Inspired by Sasha Huber’s *YOU NAME IT*, we will try to raise awareness about an issue we find important, through designing a mini mural.

For full details and registration, visit our website.

**About Niloufar Salimi**  
Niloufar Salimi is a visual artist based in Toronto, specializing in drawing and mixed media. Salimi completed her MFA at Western University and received a BFA from OCAD University. She is a recipient of multiple Ontario Arts Council grants and works as Power Kids & Outreach Coordinator at the Power Plant in addition to her studio practice. Find out more at niloufarsalimi.com. She also speaks fluent Farsi.

**About The Power Plant Contemporary Art Gallery**  
The Power Plant Contemporary Art Gallery is Canada’s leading public gallery devoted exclusively to contemporary visual art. It is a vital forum for the advanced artistic culture of our time that offers an exceptional facility and professional support to diverse living artists, while engaging equally diverse audiences in their work. The Power Plant pursues its activities through exhibitions, publications, and public programming that incorporate other areas of culture when they intersect with visual art. For more information, please visit thepowerplant.org.

Power Kids is supported by Tate & Cindy Abols, Jennifer Grant & David Dattels, Antoine Mindimba Dasha Shenkman, and Ethel Weiner.

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Press Contacts:

Rebecca Moss
Communications & Marketing Coordinator
rmoss@thepowerplant.org

Beverly Cheng
Head of Communications & Marketing
bcheng@thepowerplant.org